

**NEW GROWTH WORKSHOPS PRESENTS THE NEXT IN OUR SERIES
OF TRAUMA RELATED CPD WORKSHOPS**

GROUNDED STEPS IN THE MINEFIELD - EMBODIED TRAUMA THERAPY

A TRAINING AND IN-DEPTH SUPERVISION WEEKEND WITH MORIT HEITZLER

**MARCH 9TH -10TH 2019
COST: £220**



This next event in our series with Morit is CPD that includes both training and in-depth supervision. The depth of this weekend training is a key benefit as is the opportunity to be part of an ongoing group making connections and offering continuity from one workshop to the next. You can receive trauma-related teaching and supervision input whilst also learning from other participants' experience relevant to the themes and issues emerging during the two days. Each day will be a mixture of CPD somatic trauma training, clinical supervision of actual cases presented by participants, as well as some role play of case vignettes.

ABOUT MORIT HEITZLER

For the last 20 years Morit has been developing an integrative, embodied and relational approach to trauma therapy. She began to encounter these issues in her practice long before they became widely apparent, and engaged with these dilemmas at the root of trauma therapy in a way which has helped her forge a robust integration. Over the years, she has given many presentations which address transference-countertransference dynamics in trauma work, and the dangers and transformative potential of destructive enactments. She is known for using her own body and embodiment as a resource in surviving such enactments and turning them into deeper understanding of her client's inner world as well as the therapeutic process. This perspective now underpins her supervision of trauma therapists and sheds light on common ruptures, stuckness and failures of treatment, especially cases of inadvertent re-traumatisation. Morit is an experienced therapist, supervisor and trainer with a private practice in Oxford. She teaches to various training courses in the UK, Israel and in Europe, and regularly leads workshops and groups. Read more about Morit here: www.heitzler.co.uk

PREVIOUS WORKSHOP FEEDBACK

"A welcoming and beautiful learning environment with good positive energy."

"Having recently trained in and started practising EMDR, I am very grateful to Morit for the abundant sharing of her clear experience - these two days were very rich, full of theoretical and experiential opportunities to better embed this new way of working into my practice."

"I really like Morit's teaching it was stimulating and clear. She would expand on any curiosities well, which felt very validating. I appreciated the depth of knowledge and experience she brought with her. It was a joy to take part in this 2 day workshop."

"Brilliant weekend. Morit gave solid evidence based theory along with practical examples and an opportunity to practice. Has given me loads to think about. She also 'held' the group well, allowing those who were quiet to have a voice and those who were more interactive to give others a chance"

"I have a feeling of being well nourished and welcomed. I recommend to any interested therapists the CPD offered by New Growth Workshops."

NEW BOOKINGS

**CLARE BROOK - CLARE_BROOK@YAHOO.CO.UK
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CONTENT ENQUIRIES

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